



2012-13

Revision 8 Nov 23 subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00 AM	Paid Programming	CHEK Late News Encore						
6:30 AM	Joyce Meyer Ministries					Paid Programming	Paid Programming	
7:00 AM	Oral Roberts						Through The Bible	
7:30 AM							Living Church of God	
8:00 AM	Kenneth Copeland						IFCJ	
8:30 AM	Life Today with James & Betty Robison						Key of David	
9:00 AM	Paid Programming						Paid Programming	
9:30 AM								
10:00 AM								
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM	CHEK NEWS	CHEK News at Noon				Nice Fish	BC Outdoors Sport Fishing...TV	
12:30 PM	Yum!	Empowered Health	Golf & Country Club	Travel Guys	Gaslight Gourmet	Nice Fish Jr	Big Coast	
1:00 PM	CHEK NEWS Update	CHEK News Updates				Fishing the Flats	Fishful Thinking	
1:30 PM						Sport Fishing BC	Sportfishing Adventures	
2:00 PM						Slopestyle/Sport Fishing on the Fly	Golf & Country Club Cuisine	
2:30 PM						Twilight Zone	Senior Living	
3:00 PM								
3:30 PM	Paid Programming					CHEK Matinee Movie	CHEK Classic Movie	
4:00 PM	Get Connected	Travel Guys	Sky's The Limit	Empowered Health	Flavours of the West Coast			
4:30 PM	Sportsline							
5:00 PM	CHEK NEWS	CHEK News @ 5pm						
5:30 PM								
6:00 PM	CBC News @ 6 (S-CBC)							
6:30 PM	CHEK NEWS	CHEK News @ 6:30				Golf & Country Club Cuisine / Slopestyle	Game On!	
7:00 PM	Wheel of Fortune (HD) (S)						60 Minutes (HD) (S-CBS)	
7:30 PM	Jeopardy (HD) (S)							
8:00 PM	Yum!	Hart of Dixie (HD) (S-CW)	Bones (HD)	Movie	Movie*	Movie	CHEK Sunday Movie	
8:30 PM	Sky's the Limit							
9:00 PM	Design District / Aboriginal Adventures	Mission Impossible	Supernatural (HD) (S-CW)					
9:30 PM	Flavours of the West Coast							
10:00 PM	CHEK NEWS	CHEK Late News				48 Hours Mystery (HD) (S-CBS)	Game On!	
10:30 PM	ABC NIGHTLINE (P-ABC)							
11:00 PM	CBC News @ 11 (S CBC)					Twilight Zone	CBC News @ 11 (S CBC)	
11:30 PM	Get Connected	Travel Guys	Design District / Aboriginal Adventures	Empowered Health	The Big Show	Various Canadian	Driving TV	
12:00 AM	Liquidation Channel					Silver Screen Classic / Paid Programming	Liquidation Channel	
12:30 AM								
1am - 6am						Liquidation Channel		

(S) Indicates Simulcast (P) Indicates Pre-Release

*The Glades/What Would You Do on hiatus until Spring 2013